# DEMYSTIFYING THE BLACK BOX OF BUSINESS INCUBATION: A LONGITUDINAL STUDY OF INCUBATED ENTREPRENEURS



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#### Abstract

## Demystifying the Black Box of Business Incubation: A Longitudinal Study of Incubated Entrepreneurs

Business incubators are a prominent policy tool used by governments all over the world to stimulate and support entrepreneurship. Incubators assist early-stage entrepreneurs in converting their ideas into sustainable enterprises by providing them resources like workspace, mentoring, business advice, networks, access to professional services and capital, which might be difficult for them to obtain on their own.

There are varied views about the effectiveness of incubators. The impact of incubation has been studied on factors such as the number of jobs created, revenue generated, patents filed by incubated companies. But given the multiplicity of objectives, sponsors and stakeholders in an incubator, there is little consensus on the key success factors that can be used to assess an incubator's success. Business Incubation (BI) is deemed as complex and multi-faceted, with many gaps in understanding the process. The focus of most BI studies has been primarily the incubation facility – its definition, configuration, typology, offerings, services, self-reported success factors and incubation outcomes. Most research has been focussed on the "what" of BI and the "how" and "why" have been side-lined. The entrepreneur who uses the incubation services has not received adequate attention as a unit of analysis in the studies. What is needed is to develop a rich knowledge base of internal processes at an incubator, to understand – *how an incubator incubates by investigating the experiences of incubated entrepreneurs*.

Any mechanism aimed at enabling entrepreneurial growth must take into account the characteristics of the entrepreneurs and their perceived needs. Hence it makes sense to study incubation from the entrepreneurs' perspective to understand how incubatees develop and what goes inside the "black box of business incubation".

The research is an inductive, longitudinal study of incubated enterprises to understand

"How do nascent entrepreneurs perceive incubation to make a difference to their entrepreneurial process".

The study investigates the impact of various elements of business incubation on the entrepreneurial process of incubatees to understand how incubation helps them survive and grow through the early stages of their entrepreneurial journey. Qualitative methods and longitudinal studies allow researchers to explore the complexities of the entrepreneurial process, to immerse in the context, and to gain insights into dynamics of change and continuity over time. Conducting multiple, periodic interviews through the incubation period reduced the risk of a biased perspective and permitted a more comprehensive picture of the incubation process. It helped capture the participants' perceptions, experiences, and reactions to incubation inputs as and when those occur and was thus, less susceptible to the problem of retrospective bias.

The study shows that there are different stages in the journey between having an idea and launching the venture. Each stage involves certain venturing activities through which the entrepreneur gains clarity on their true aspirations, the feasibility of building the venture and the process of building the venture. Being incubated provides various tangible and intangible resources. However, the entrepreneurs make use (or do not make use) of the resources as applicable to the stage of their journey. Thus, having a stellar resource portfolio is not a sufficient condition for incubators to help start-ups. Incubation programs aligned with the entrepreneurs' needs will enable them to transition to the next stage and lead to venture creation and growth.

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