



INDIAN INSTITUTE OF MANAGEMENT  
INDORE



IIMI  
FDP

## Faculty Development Programme Predicting & Transforming Mental Health at Work

January 15-25, 2021 (Online Mode)

**Programme overview:** This course provides a comprehensive understanding of the mental health issues at work, employee wellbeing, and how they can be addressed using tools of contemporary data analytics. To discuss the mental health issues at work faced by organizations and their employees across the diverse levels in an organization.

### Objectives:

- To delineate ways and techniques to promote good mental health in the workplace
- To analyze the real industry data to predict mental health, wellbeing, and its outcomes at work using some of the contemporary data-driven techniques based on machine learning.
- To provide insights into the conceptual and practical inferences of ML techniques for promoting good mental health in the workplace, with hands-on sessions.

**Faculty:** IIM Indore faculty members will handle sessions.

**Target audience:** Faculty Members, Research Scholars/Associates/Assistants, Post-Doctoral Scholars.

### Contact details of the programme coordinator:

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### HOW TO ENROLL

Applicant willing to participate in the programme shall enrol themselves by filling the online application form available on the website. Last date for submission of application is January 07, 2021. The applications are not complete until receipt of programme fee. Incomplete applications will not be processed.

**For more details, please contact:**

**Professor Subin Sudhir,**

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### Content:

Module: Introduction to Mental Health (MH)

- To introduce the general issues of Mental Health at work: working conditions, life stressors, and well-being.
- It will focus on current thinking and clinical research on employees' mental and physical health issues, resulting due to conditions in the workplace.

Module 2: Introduction to Analytics

- Introduction to what and how of Analytics
- Diverse Applications of Artificial Intelligence and Machine Learning across businesses

Module 3: Relevance of Analytics in Mental Health (MH)

- Current practices in analytics in analysing organizational issues related to employees' mental health at work.
- Inferences from real-life case studies

Module 4: Managing Mental Health and wellbeing at work

- Identifying the risk and protective influencers of mental health at work
- Discussion on psychological health such as depression, anxiety, and burnout, specific to work life.
- Ways to manage these issues through organizational, group and personal intervention

Module 5: ML techniques for Mental Health Prediction

- Data Handling and Management for ML
- Building ML-based models for predicting
- Organizational health using indicators of mental health
- Effectiveness of the early interventions developed for enhancing employee' s mental well-being
- Hands-on experience on real data from various industries.

### PROGRAMME FEE PAYMENT

The programme fee of Rs. 17,500 (Rs. 14,830 plus 18% GST) is to be paid by way of electronic fund transfer.

**Name of Beneficiary:** Indian Institute of Management Indore

**Savings Bank A/c:** 53018623445

**Name of the Bank:** State Bank of India

**Branch:** IIM Indore Campus, Rau, Indore

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