



# Indian Institute of Management Indore

## INTEGRATED PROGRAMME IN MANAGEMENT (IPM) TERM: I

**TITLE OF THE COURSE: DANCE – I**

**CREDIT: 4**

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### **COURSE DESCRIPTION**

This course is to give introduction to the IPM students about Dance as a performing Art. Students will be exposed to various dance styles during their learning. Elements of Folk, Classical and western - contemporary dance styles will be taught to them. By the end of the course students need to choreograph a dance production using the learnt dance styles and perform it for the assessment.

### **COURSE OBJECTIVES**

'Dance is a projection of life' –means whatever we do in our daily life; when projected on stage with expressions, gestures and music it becomes Dance. The main objective to teach dance is to, make student learn how to express his/her inner feeling in front of the world with the use of simple gestures and expressions. Dance teaches students about music, rhythm and beat. Students also have a better understanding of spatial relationships and learn to think with both sides of their brain. All these skills enhance a child's academic performance, as well as their physical well-being. Creative thinking skills are developed through dance, as well as learning the value of discipline, commitment and work ethic. Self-confidence develops as young people overcome challenges to master new goals, learning to apply themselves and accomplish any task put before them.

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